

# 1-day NLP Taster



The best thing about the past is that it's over.  
The best thing about the future is that it's yet to come.  
The best thing about the present is that it's here now.

*Richard Bandler*

## What is NLP?

NLP is the “how to” of personal and organisational excellence. It is a simple yet powerful approach to personal and professional development, based on the study of human excellence.

## Why attend our 1-day NLP Taster?

Do you simply want to know more about NLP, and find out what it can do for you?

Are you intrigued by people who tell you about the incredible benefits of NLP and about the life changing results it has had in their lives?

Would you really like to understand for yourself what NLP is?

Do you currently lack direction in your life and quietly suspect that there is something more out there that you deserve a piece of?

Are you thinking about taking a full NLP Diploma or Practitioner training and like the idea of checking out the company and the trainers before you make the commitment?

## What will the 1-day NLP Taster cover?

This one-day taster will show you different ways to:

- Influence people effectively
- Get on the same wavelength as strangers instantly
- Set and achieve goals that fire you up
- Put yourself and others into powerful, positive states
- Keep your cool when you would normally blow your top
- Replace old negative habits with positive ones

## What if you participate in this programme?

You will discover new insights into your own thoughts, behaviours and affect on other people. You may be intrigued to learn more about NLP, and want to take further training.

## 2011 Course Dates:

Tuesday 19th April

Tuesday 10th May

Tuesday 14th June

Thursday 7th July

Thursday 11th August

Tuesday 13th September

Thursday 13th October

Tuesday 8th November

## What do people say about this day?

*“Fascinating introduction into NLP. Inspiring trainer. Excellent taster session – a real eye-opener. Today has far exceeded my expectations, thank you.”*

*Vicky Cowan*

## Course venue:

All 1-day NLP Tasters are held at our offices (see address below):

## Price:

This course costs just £50 (inclusive of VAT). If you later book on to the NLP Diploma or Practitioner, we will deduct the cost of the Taster Day from the fee.

For more information, please contact:

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